Use this as your template. Remove the instructions after you read them.

1. **Describe what you learned about yourself based on your self-assessment.**

Write a high-level explanation about the results of the CliftonStrengths Assessment. Be sure to mention each one of your strengths and what you learned from it.

Now get more granular about each one. Write a few sentences describing each strength in how it describes you. Please review the example document if you have not done so already.

Write a paragraph on how these strengths may help you in your current or future role in IT.

1. **Create one SMART goal for developing influential leadership skills.**

Next, for each component of SMART (see Task One), INCLUDE NUMBERS or NUMERICAL QUANTITIES for each component:

**GOAL:** I want to improve my confidence and communication skills during interviews. I will attain this by explaining my capstone project **five times** before my interview in **one month**.

**S** - Improve my confidence with the technical skills required for the job by understanding each concept involved in my capstone project that I will explain to potential employers.

**M** - I will practice explaining my project **five times** leading up to the interview.

**A** - I will dedicate **one hour each day** leading up to the interview to learn important technical concepts and improve my confidence with the subjects.

**R** - Improving my confidence and communication skills will help me when working with development teams on future projects.

**T** - I have an interview for a software engineer position **in one month** where I will explain a project that I have completed.

Please note the definition of SMART goals may vary but regardless still have the same meaning no matter what resource you review.

**How does my smart goal support the development of leadership skills?**

For inspiration and development of this section you can refer back to Sections 1, 2, and 3 of the learning resource. Write a descriptive paragraph or two about how your smart goal supports the development of leadership skills? How might you improve upon your leadership skills knowing your strengths?

**How do the strengths identified in your self-assessment will help you achieve your SMART goal?**

Write a paragraph or two about how your strengths will help you achieve your smart goal. Be sure to identify each of the strengths.

USE GRAMMARLY.COM before you submit. Just trust me on this one. It is better to be safe than sorry.